



## Perceived stress and parental neglect as determinants of internet addiction among adolescents

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### ABSTRACT

The present study is carried out to identify significant determinants of internet addiction among adolescents. The objectives of the study are to assess perceived stress, parental neglect and internet addiction among adolescents, to study the relationship of perceived stress and parental neglect with internet addiction among adolescents, to study perceived stress and parental neglect as determinant of internet addiction among adolescents. Besides, this study is also aimed to compare adolescents in perceived stress, parental neglect and internet addiction with respect to domicile and parental employment status. The sample of the present study comprises of 100 adolescents. The tools used to collect data were Cohen's perceived stress scale, Straus, Kinard, and William's parental neglect scale and young's internet addiction scale. The collected data was analyzed by various statistical techniques like descriptive analysis, correlational analysis, regression analysis and comparative analysis. The result of correlational analysis revealed that both perceived stress and parental neglect has significant positive correlation with internet addiction. The result of regression analysis revealed that perceived stress and parental neglect are significant predictors of internet addiction. 39% of variance in internet addiction can be attributed to perceived stress and 18% of variance in internet addiction can be attributed to parental neglect. The result of comparative analysis revealed that urban adolescents have higher perceived stress than rural adolescents however no difference was found in terms of parental neglect and internet addiction between rural and urban adolescents. While comparing adolescents whose single parent is employed and whose both parents are employed it was found that adolescents whose both parents are employed have higher perceived stress, parental neglect and internet addiction as compared to adolescents whose single parent is employed.

**Key words:** perceived stress, parental neglect, internet addiction, adolescents.